



PROVIDED BY SAINT VINCENT HOSPITAL

Community Wellness Programs

As part of Saint Vincent Hospital's commitment to provide quality health care and health education to our community, we sponsor a variety of free wellness programs for all ages. Topics include:

Cancer Care

- Bladder and kidney cancer
- Breast cancer
- Cancer imaging – mammogram, ultrasound, breast MRI
- Colorectal cancer
- Lung cancer
- Ovarian cancer
- Pancreatic cancer
- Prostate cancer
- Skin cancer

Digestive Disorders

- Celiac disease
- Colitis, diverticulitis
- Crohn's disease
- GERD, heartburn
- Irritable bowel syndrome

Heart and Vascular Health

- Cholesterol management
- Deep vein thrombosis (DVT)
- Peripheral artery disease (PAD)
- Stroke prevention and treatment
- Understanding heart disease
- Vascular disease in the diabetic patient

Musculoskeletal Care

- Arthritis
- Back pain
- Bone and joint
- Foot health (surgical procedures, diabetic foot care)
- Hand disorders
- Osteoporosis
- Spinal stenosis
- Sports injury prevention and treatment

Pulmonary

- Asthma
- Chronic obstructive pulmonary disease
- Gastro esophageal reflux disease (GERD)
- Heartburn
- Pneumonia
- Sleep disorders
- Smoking cessation

Surgery

- Bariatric surgery
- Cancer surgery
- Cosmetic, plastic and reconstructive surgery
- Laparoscopic surgery
- Robotic gynecological and prostate surgery

Wellness and Prevention

- Diabetes
- Eye disease (cataract, LASIK)
- Flu and other infectious diseases
- Nutrition
- Weight control

Women's Health

- Hormone replacement therapy
- Incontinence
- Menopause
- PMS
- Uterine fibroid embolization



Additional topic suggestions will be accepted upon request.

If you wish to arrange a speaker for your civic group, professional organization, business, school or church group, please fill out the Request Form, or call 508-363-9181.